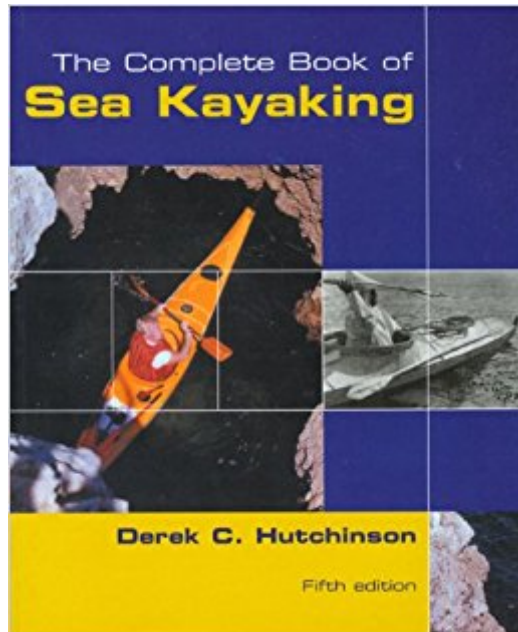




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The Complete Book Of Sea Kayaking, 5th (How To Paddle Series)



Synopsis

Discover the excitement and adventure of paddling on the open sea. This thoroughly revised fifth edition of the bestselling Complete Book of Sea Kayaking is a comprehensive guide for the beginner and an invaluable reference source for the seasoned veteran. From basic strokes and techniques to advanced rescue maneuvers, kayak history to boat design, this is the fundamental book for all sea kayakers. With this book in hand readers will learn about choosing a kayak and paddle, launching, how to outfit themselves, advice on kayak strokes, maneuvers, navigation, equipment, and the newest technology. This new edition contains additional material on the history and origins of the kayak as well as new information on navigation. The chapters on strokes and techniques have been expanded considerably and now present information in a master-class format that caters to novice paddlers.

Book Information

Series: How to Paddle Series

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Customer Reviews

The Complete Book of Sea Kayaking is a comprehensive guide for the beginner and an invaluable reference book for the experienced. It describes equipment, basic and advanced techniques (including those for rolling and rescues), weather and navigation, and is illustrated throughout by the author's own drawings and by spectacular color photographs. This new edition has been completely updated in line with the latest sea kayaking developments. The existing sections have been revised and new sections have been added, including choosing a kayak and paddles, a new deepwater rescue method, dealing with mudflats and quicksand, and how to compile your own local weather

chart. A new chapter on racing makes a welcome addition to the book. Updated illustrations and additional historic photographs have been included, making this the essential resource for sea kayakers everywhere.

Derek C. Hutchinson joined the British Canoe Union Coaching Scheme in 1963 and has since become an international authority on sea kayaking. He has led major kayaking expeditions all over the world and travels extensively throughout the United Kingdom and the United States, lecturing and coaching at all levels.

My favourite book on sea kayaking by one of the pioneers in the field. Derek Hutchinson has strong views about most things, which is why his book is so interesting to read. For rolling I recommend his book on Eskimo rolling (3rd ed.)

Excellent book on kayaking. A must have book for anyone who is seriously interested in kayaking. Written by one of the best authors.

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